

# The Palms of St. Lucie West

## Everything You Love and Need

**INDEPENDENT • ASSISTED • MEMORY CARE**



by Sharon Therien

When someone reaches the age of being a senior (even if they don't feel like one), there may be some physical or cognitive issues that become a new normal. But the experience differs for every person, so the level of assistance needed can vary in this age group. If you or someone you love could use some assistance these days, consider The Palms of St. Lucie West. This local community offers different types of senior living in a homelike setting. The Palms recently had the distinction of being certified by J.D. Power for providing "an outstanding senior living community experience."

## THE PALMS OF ST. LUCIE WEST

INDEPENDENT, ASSISTED & MEMORY CARE



Our Lifestyle 360 brings the Five dimensions of wellness into perfect harmony for a more balanced & fulfilled life. intellectual, Social, Physical, Emotional & Spiritual. Come & check out the various programs we offer to our residents.

### INDEPENDENT LIVING/ASSISTED LIVING & MEMORY CARE

- Rehabilitation Services available on site
- Fine Dining to include three nutritious meals per day, plus snack
- Weekly house keeping linen & personal laundry included
- All utilities and basic cable
- Active social, recreational and educational programs
- Scheduled local transportation available



**772.344.7441**

501 NW Cashmere Blvd. • Port St. Lucie, FL 34986

[www.ThePalmsOfStLucieWest.com](http://www.ThePalmsOfStLucieWest.com)

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The Palms of St. Lucie West provides a range of care, including assisted living, independent living and memory care. This community is part of the network of Five Star Senior Living, the community's corporate owner. It's one of the company's 22 communities in this state and 270 around the country. Many of the care team have had a long tenure at this community, and they are dedicated to providing the best level of care possible. This site is run by Executive Director John Sorrentino,



residents have the option of a convenient and nutritious meal plan. The third option is the Bridge to Recovery memory care neighborhood, which provides a Montessori-based program for those with Alzheimer's or other forms of dementia. These residents take part in hands-on activities and receive care that's personalized to each person.

The Palms provides many services to its residents to improve everyday living. While it is not a medical facility, it has full-time nursing and support staff to



who has been in the role for about two years. Different housing types and levels of care are provide care. Also, the community hosts activities, brings in third party care providers and brings residents off-site.

Residents have access to medical services, church services, fitness, live entertainment and many other services.

Come see The Palms of St. Lucie West for yourself. The staff is happy to provide a tour of the community so you can see what it would be like to live



available to fit a range of needs. Those without health concerns have independent living options of two bedroom/two bath villa apartments. The villas come with a full activity calendar to stay busy and be social, along with the conveniences of housekeeping, meal plans and transportation. Another option is assisted living apartments, which come with kitchenettes. Nonetheless, these

there. It's located at 501 NW Cashmere Blvd in Port St. Lucie. You can also find information on the website or by calling Director of Sales

Jennifer Smith at **772.344.7441**. Another option is to fill out an on line request on the website so someone can get back to you and answer all of your questions. The website can be found at [fivestarseniorliving.com](http://fivestarseniorliving.com).†

