

Our Goal is to Make Treatment a

Florida Orthopaedic Specialists Provides



Jeremy Ware, PA-C ; Dr. Robert Sellards, MD; Dr. Jason Williams, DO; Dr. Robert Forster, MD

by Sharon Therien

Do you have pain in your arms, legs, or back? Maybe you have difficulty moving them? Florida Orthopaedic Specialists provides surgical and non-surgical options that may help you feel and move better again. With offices in Stuart and Port St. Lucie, this practice provides the orthopaedic care you need on the Treasure Coast.

THE PRACTICE

The physicians at Florida Orthopaedic Specialists can help you with sprains, dislocations, pulled muscles, arthritis, and many other musculoskeletal conditions that involve the joints, muscles, bones, tendons, ligaments, and nerves. The practice's specialties are hip, knee, foot & ankle, shoulder, elbow, wrist, hand, spine, and sports medicine. It offers both surgical and non-surgical interventions for injury and conditions in these areas.

Florida Orthopaedic Specialists provides university orthopaedics in a community setting. It is made up of a team of board-certified physicians who all trained at top-notch universities and were fellowship-trained in their respective sub-specialties. The team includes four orthopaedic surgeons as well as physicians who specialize in non-surgical orthopaedic interventions.

"Our team emphasizes a culture of caring in the pursuit of excellence."

Florida Orthopaedic Specialists provides imaging on-site to expertly evaluate and diagnose your orthopedic injury or condition. The available imaging services include MRI, X-ray, and ultrasound. Digital images are immediately available for review by your orthopaedic specialist.

MUSCLE-SPARING SURGERY

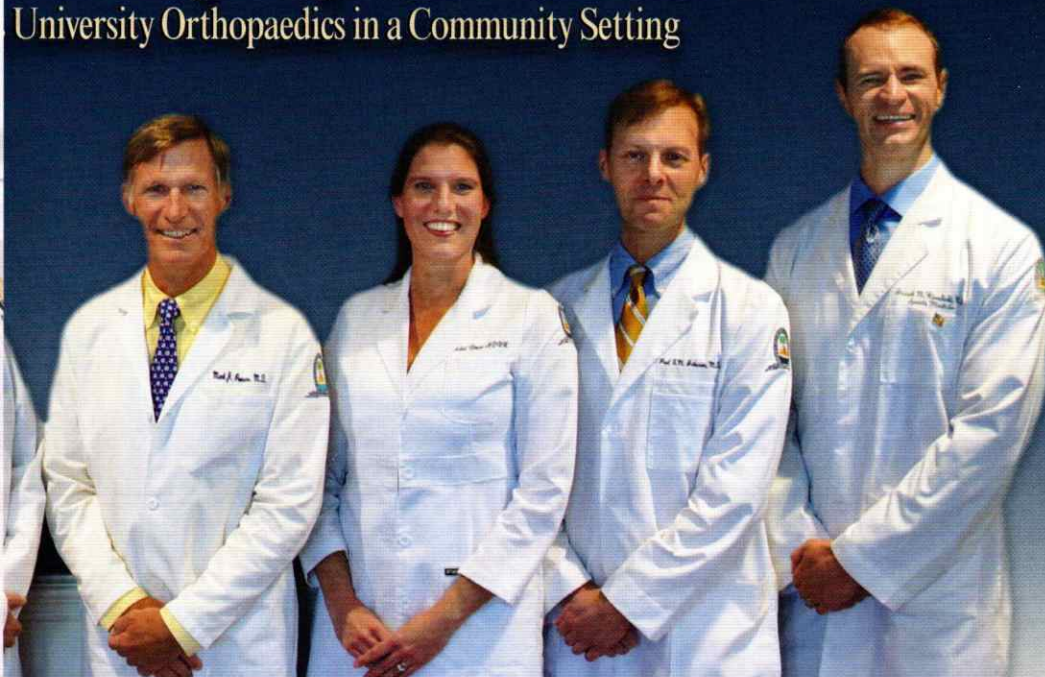
The surgeons at Florida Orthopaedic Specialists use a muscle-sparing approach to joint replacement surgery, which the practice's own Dr. Powers helped to pioneer. This technique significantly reduces pain and provides a more rapid recovery. These innovative techniques allow total joint replacement to be performed as outpatient procedure.

"You could expect to use a walker for three days rather than the three-month time span of the old method."

Also, the orthopaedic surgeons use state-of-the-art technology. This includes robotic surgery and MAKOplasty. They use cutting-edge surgical

'One-Stop Shop' For Our Patients

University Orthopaedics in a Community Setting



Dr. Mark Powers, MD; Rachel Rouse, APRN; Dr. Paul Johnson, MD; Dr. Joseph Wierzbicki, MD

navigation guidance to direct the incision and placement of a joint replacement, ensuring complete accuracy.

NON-SURGICAL OPTIONS

The practice includes two doctors who are dedicated to non-surgical orthopaedic approaches. While the surgeons are often booked in advance, these doctors are always available to see patients for acute pain and to help expedite surgery when needed.

"90 percent of orthopaedic visits should be treated non-surgically."

These physicians are there for you to provide solutions that have research proven success with minimum risk. Some options include physical and occupational therapy, regenerative medical treatment and therapeutic injections such as stem cells, platelet rich plasma (PRP), hyaluronic acid using ultrasound or X-ray needle guidance which optimizes accuracy, minimizes pain while maximizing success.

THE PHYSICIANS

All of the practice's doctors are board-certified and fellowship-trained in their sub-specialties.

ORTHOPAEDIC SURGEON



Mark J. Powers, MD, FACS, FAAOS, the founding member of Florida Orthopaedic Specialists, specializes in injured and arthritic joints. The procedures he performs as part of this practice include total hip, knee, and shoulder replacement; general orthopaedics; arthroscopy; and sports medicine.

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Robert I. Forster, MD, FAAOS, specializes in treatment of hand and upper extremity disorders. His surgical expertise includes endoscopic and open carpal tunnel release, arthroscopy of the hand, wrist, elbow and shoulder. He also treats complex fractures, tendon and nerve injuries, in addition to chronic every day issues of the upper extremities.

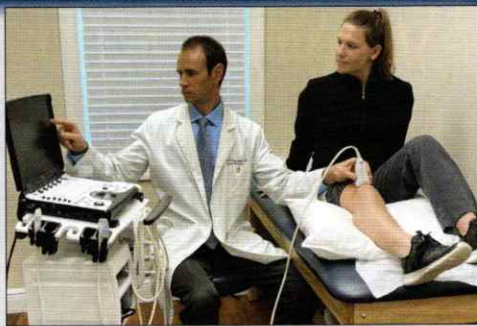


Robert A. Sellards, MD, FAAOS, specializes in sports medicine and joint replacement. The procedures he performs include muscle-sparing joint replacement, robotic joint replacement, arthroscopy, and stem cells.

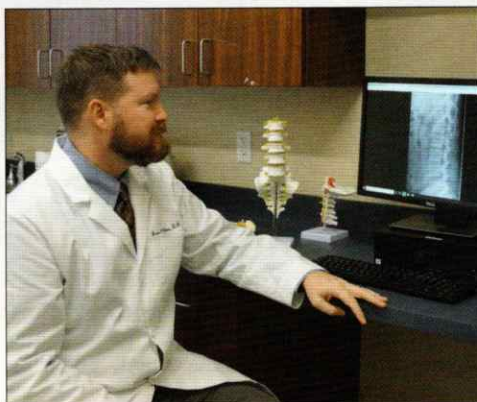
NON-SURGICAL PHYSICIANS



Paul E. M. Johnson, MD, FAAOS, specializes in the management of conditions affecting the lower extremities. His procedures include joint replacement, arthroscopic surgery, ligament and tendon repair/reconstruction, and fracture care.



Joseph M. Wierzbicki, MD, CAQSM, RMSK, specializes in non-surgical orthopaedics, sports medicine, and diagnostic and interventional musculoskeletal ultrasound. One of the interventions he can provide is ultrasound guided injections.



Jason P. Williams, DO, FAAPMR, is board certified in Physical Medicine and Rehabilitation. He is sub speciality trained in Pain Medicine. He focuses his medical practice on musculoskeletal and spine related pain via non opioid methods and interventions.



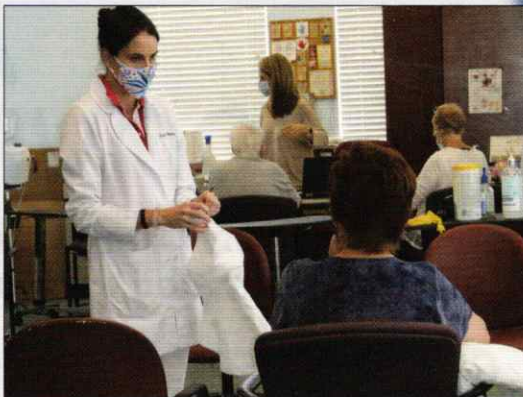
WALK-IN ORTHOPAEDIC CARE

Walk In or Make an Appointment

Florida Orthopaedic Specialists is an established walk-in practice in your community, or you're free to make an appointment, even for the same day.

The Stuart office is located at 1151 SE Indian Street and the Port St. Lucie office is located at 9077 S. Federal Highway. Hours of both locations are Monday through Friday 8:30 am to 5 pm.

To make an appointment at either location, call **772.335.4770** or visit the website at **floridaorthopaedicspecialists.com**.



AT FLORIDA ORTHOPAEDIC SPECIALISTS, OUR GOAL IS TO MAKE TREATMENT A "ONE-STOP SHOP" FOR OUR PATIENTS.

ALL OF THE SERVICES YOU WILL NEED CAN BE DONE ON-SITE.

MRIs, X-Rays, Physical Therapy, and Even Surgical Procedures at our Ambulatory Surgical Center. There is no need to travel from location to location to get the treatment you need, which allows for greater continuity of care among your healthcare providers.

In addition to our convenient on-site services, we offer same-day appointments and extended hours to accommodate your busy schedule.

WE ALSO TAKE WALK-IN APPOINTMENTS

